

Vestavia King of the Mountain 2025 - 03/07/2025 to 03/08/2025**Vestavia High School****Meet Program - Friday Night Relays****Event 139 Girls Distance Medley DMR Middle School****Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Pizitz		NT
2	Pizitz	B	NT
3	Liberty Park		NT

Event 140 Boys Distance Medley DMR Middle School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
4	Pizitz		NT
5	Pizitz	B	NT
6	Liberty Park		NT

Event 137 Women Distance Medley DMR High School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Hoover		12:40.11
2	Vestavia Hil		12:50.00
3	Mountain Bro		13:00.00
4	Vestavia Hil	B	13:20.00
5	Homewood HS		NT
6	Thompson		NT

Event 138 Men Distance Medley DMR High School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Vestavia Hil		10:30.00
2	Hoover		10:35.22
3	Vestavia Hil	B	10:45.00
4	Mountain Bro		11:30.00
5	Mountain Bro	B	11:40.00
6	Homewood HS		NT
7	Northside		NT
8	Homewood HS	B	NT
9	Northside	B	NT

Event 142 Mixed 4x100 Meter Relay Mixed Middle School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Liberty Park		NT
4	Pizitz	B	NT
5	Pizitz		NT

Event 141 Mixed 4x100 Meter Relay Mixed High School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Tarrant	B	NT
2	Homewood HS		52.37
3	Holt		45.64
4	Vestavia Hil		42.04
5	Vestavia Hil	B	45.04
6	Holt	B	48.64
7	Tarrant		NT

Event 147 Girls 4x100 Meter Relay Throwers Middle School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Pizitz		NT
4	Pizitz	B	NT

Event 148 Boys 4x100 Meter Relay Throwers Middle School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
5	Pizitz	B	NT
6	Pizitz		NT
7	Liberty Park		NT

Event 143 Women 4x100 Meter Relay Throwers High School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Hewitt-Truss		NT
4	Holt		NT
5	Vestavia Hil		NT

Event 146 Men 4x100 Meter Relay Throwers High School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Vestavia Hil	B	NT
2	Holt	B	NT
3	Holt		NT
4	Mountain Bro		57.00
5	Hewitt-Truss		NT
6	Vestavia Hil		NT
7	Homewood HS		NT

Event 151 Girls 800 Sprint Medley 1-1-2-4 Middle School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Pizitz	B	NT
4	Pizitz		NT

Vestavia King of the Mountain 2025 - 03/07/2025 to 03/08/2025

Vestavia High School

Meet Program - Friday Night Relays

Event 152 Boys 800 Sprint Medley 1-1-2-4 Middle School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
5	Pizitz		NT _____
6	Pizitz	B	NT _____

Event 149 Women 800 Sprint Medley 1-1-2-4 High School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Homewood HS		NT _____
4	Mountain Bro		1:53.00 _____
5	Vestavia Hil		NT _____
6	Vestavia Hil	B	NT _____

Event 150 Men 800 Sprint Medley 1-1-2-4 High School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Vestavia Hil		NT _____
3	Vestavia Hil	B	NT _____
4	Holt		NT _____
5	Homewood HS		NT _____
6	Northside		NT _____

Event 159 Mixed 4x800 Meter Relay Mixed High School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Mountain Bro		8:50.00 _____
2	Pelham		8:58.00 _____
3	Vestavia Hil		9:00.00 _____
4	Vestavia Hil	B	9:35.00 _____
5	Spain Park		10:45.00 _____
6	Homewood HS		NT _____
7	Homewood HS	B	NT _____

Event 163 Girls 4x200 Meter Relay 4X200 Middle School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Liberty Park		NT _____
4	Pizitz		NT _____
5	Pizitz	B	NT _____

Event 164 Boys 4x200 Meter Relay 4X200 Middle School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
6	Pizitz		NT _____
7	Pizitz	B	NT _____

Event 161 Women 4x200 Meter Relay 4X200 High School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Homewood HS		NT _____
3	Vestavia Hil		NT _____
4	Mountain Bro		1:46.90 _____
5	Vestavia Hil	B	NT _____
6	Holt		NT _____

Event 162 Men 4x200 Meter Relay 4X200 High School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Holt		NT _____
4	Vestavia Hil	B	NT _____
5	Vestavia Hil		NT _____
6	Homewood HS		NT _____

Event 168 Mixed 4x400 Meter Relay Mixed Middle School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
4	Pizitz		NT _____
5	Pizitz	B	NT _____

Event 169 Mixed 4x400 Meter Relay Mixed High School**Friday 03/07/2025 - 4:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Mountain Bro		3:44.00 _____
3	Homewood HS		3:34.42 _____
4	Hoover		3:32.11 _____
5	Vestavia Hil		3:33.57 _____
6	Homewood HS	B	3:34.42 _____
7	Vestavia Hil	B	3:53.47 _____